



# BRUNCH MENU

Sunday 10:30am

We are able to accommodate many dietary preferences, please ask how!

G= Gluten Free V=Vegetarian ☺=Vegan

## ★ BETWEEN THE BREAD

*served a la carte*

**\*\*Basic Egg & Cheese:** \$4.<sup>25</sup>

Fried egg, cheddar & mozzarella on biscuit, Multi-Grain or Kaiser bun. **Add bacon, sausage, ham, fried chicken, avocado or tempeh \$2<sup>50</sup>**

**Monte Cristo:** \$7.<sup>95</sup>

Roasted turkey, apple butter, brie & bacon on French toast served with maple Syrup

**"Going Ham" Sandwich:** \$7.<sup>95</sup>

Honey glazed ham, fried egg, caramelized onion, goat cheese, cucumber, spring mix & balsamic honey

**\*\*Bacon, Egg & Cheeseburger** \$8<sup>95</sup>

Double patty with cheddar. sweet chili sauce & spring mix on a Kaiser roll

**Jerk Chicken & Waffle Sandwich:** \$6.<sup>95</sup>

Fried chicken tenders, mozzarella, jerk sauce, sliced apples on a Belgian waffle with jerked syrup fo' dippin'

## ★ SIDES

Cheese Grits or Breakfast Potatoes \$2 /\$4

Waffle or French Toast w/ Butter & syrup \$5

Biscuit or Toast w/ butter & apple Butter \$1.<sup>95</sup>

Side of Gravy (veggie or sausage) \$1.<sup>95</sup>

Side Bacon, Sausage, or Ham \$2.<sup>95</sup>

Egg any way \$1.<sup>25</sup>

Seasonal Fruit Bowl \$3.<sup>50</sup>

\*\* Items may be served raw or undercooked or may contain raw or undercooked ingredients

\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

## ★ MMM...BREAKFAST

**Jerk Chicken & Waffles** \$10.<sup>95</sup>

4 hand battered chicken tenders, jerk sauce, jerk maple syrup, pecan-honey butter, scramble cheese egg, sliced apples

**\*\*Pastelón (Sweet Plantain "Lasagna") G V** \$8.<sup>95</sup>

A traditional Puerto Rican dish that is sweet, spicy, tangy and cheesy with layers of plantains with savory sauce & cheese topped with cumin-sour cream and a fried egg.

**Add chorizo! \$2.<sup>50</sup>**

**Biscuit & Gravy** \$3.<sup>95</sup>

Open face biscuit with choice of veggie or sausage gravy

**\*\*Breakfast Taco:** \$4.<sup>50</sup>

Fried egg, Pico de Gallo, green goddess, cheddar & Cotija on a corn tortilla **Choice of bacon, chorizo or tempeh,**

**Huevos Rancheros: G V ☺** \$9.<sup>95</sup>

scrambled eggs or tofu, potatoes, black-bean ranchero, cotija cheese, avocado, tortilla crisp & goddess. **Choice: of chorizo, bacon, pork or tempeh.**

**Breakfast Salad: G V ☺** \$9.<sup>25</sup>

Spring mix, scrambled egg or tofu, potato, tomato, goat cheese, veggie gravy and biscuit **Choice of: bacon or tempeh**

**\*\*Kale Sauté: G V ☺** \$9.<sup>50</sup>

caramelized onion, roasted veggies, mozzarella, 2 eggs to order, potatoes & toast **Choice of: tempeh, sausage, chicken sausage, ham or bacon**

**Egg Toast: V** \$8.<sup>95</sup>

avocado & tomato salad, walnut oil, goat cheese & potatoes **Choice of: bacon, sausage patty, chicken sausage, ham or tempeh**

**\*\*Fish & Grits: G** \$11.<sup>50</sup>

Red-eye gravy with NC Catfish, andouille sausage & crawfish on a bed of creamy cheese grits and topped with a Sunny side up egg

**\*\*Breakfast Plate: V** \$8.<sup>95</sup>

2 eggs cooked to order, potatoes or grits, bacon, sausage, ham or tempeh, choice of toast or biscuit

**Substitute a waffle for \$2<sup>50</sup>**

**Redneck Benedict:** \$7.<sup>50</sup>

open-faced biscuit, chicken tenders, cheddar eggs topped with sausage gravy